

CAREER SERVICES

Career Assessments

MYERS/BRIGGS TYPE INDICATOR

The Myers/Briggs Type Indicator is a personality assessment that categorizes behavior based on preferences. Understanding these preferences can be a guide for career selection/major choice, the type of work you may want to perform, and the style with which you approach your career. Behavior preferences are identified based on a combination of one item from each of the four pairs below:

- Introvert- Focus on the inner world
- Extrovert- Focus on the outer world

- Intuition- Take in information through in patterns
- Sensing- Take in information through the senses

- Feeling- Base decisions on values
- Thinking- Base decisions on logic

- Perceiving- Approach life in a flexible, spontaneous way
- Judging- Approach life in a planned, orderly way

For example, INFJs (Introvert, Intuitive, Feeling, Judging) tend to enjoy careers that allow them to consider and implement ideas that serve to help others; with a preference for working one-on-one with others

STRONG INTEREST INVENTORY

The Strong Interest Inventory is based on the vocational choice theory of John Holland. Simply said, people with similar interests and personalities will gravitate toward similar careers. Most people enjoy being around and working with others who share similar personality traits and interests.

The Strong Interest Inventory is an assessment that categorizes your interests in leisure and work settings. A list of possible careers that could be a good fit for you is derived from your degree of interest in the below six areas:

- Artistic- The creators
- Conventional- The organizers
- Enterprising- The persuaders
- Investigators- The thinkers
- Realistic- The do-ers
- Social- The helpers

IS A CAREER ASSESSMENT RIGHT FOR YOU?

Career Assessments can be an excellent resource for students having difficulty selecting a major and understanding how that major fits into the student's career plans. Contact Career Services to have access to a career assessment and to receive interpretive results. Contact information is listed below.



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